

Water The Huskies Relay

Developed by: Cathy Walters

Discipline / Subject: Physical Education

Topic: Students will run relays to water the dogs.

Grade Level: PK-3

Resources / References / Materials Teacher Needs: One bucket half filled with water, one scoop (I used plastic paint cups), and one dog bowl per team

Lesson Summary: Students will run traditional relays with the intent of working as a team to water their huskies. The focus is on the chores necessary to take good care of the dogs and less on winning the race.

Standards Addressed: Department of Physical Education

6.c Students demonstrate a willingness to participate with peers regardless of diversity or disability

6.d Students enjoy and interact with peers in a variety of physical settings

6.e Students resolve conflicts in an acceptable nonviolent manner

7.d Students recognize the benefits (social and physical) derived from participation in group games and activities

7.e Students show a willingness to follow rules, procedures, and safety guidelines in all physical settings

7.f Students behave in a caring and helping manner toward all peers

Learning Objectives:

The student will:

1. learn how to work together
2. learn to be both leader and follower and accept both primary and secondary roles
3. learn how to effectively communicate with peers
4. contribute to team goals

Method of Assessment for Learning:

Observe students for successfully accomplishing the task following the given guidelines

Procedural Activities:

1. The teacher divides the class into three or four teams.
2. Each team member runs out to their bucket, scoops some water, then runs back to the starting line and pours the water into the bowl. The scoop is then given to the next team member. The bucket is placed 20' to 30' from the starting line.
3. The next team member does the same until the entire team has had a turn.
4. The team who finishes watering the dogs first is the winner.
5. The teacher explains the importance of watering the dogs and that at the kennel there is never a race. But during the Iditarod efficient use of time is important to the mushers.

Materials Students Need: Students need to wear good shoes for running.

Technology Utilized to Enhance Learning: www.iditarod.com I also like to show Vern Halter's video *Razzma-Taz*, which can be purchased on Vern's website, www.vernhalter.com. This video is geared to elementary-aged students and is only 18-minutes long. It is a good introduction to

dog kennels, dog chores, and the Iditarod.

Other Information: This relay is definitely one that needs to take place outside. I also like to have each relay name their team and make cheering for their teammates a part of the experience. Remind students that they are trying to be like a good Iditarod sled dog team. They must work together to achieve success.

Modifications for Special Learners/ Enrichment Opportunities

It is always a good idea for the teacher to select teams instead of the students. Make the teams equal in ability.