

**Do You Have What it Takes?  
GOAL SETTING**

**Developed by:** by Jane Blaile 2008 WFTOTT™

**Discipline / Subject:** character education

**Topic:** goal setting - setting goals, facing challenges, having hopes and dreams

**Grade Level:** kindergarten and higher

**Resources / References / Materials Teacher Needs:** your school's character trait list, 2007 Iditarod Insider video clips at [www.iditarod.com](http://www.iditarod.com)

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Mar 2 A Word From Kim Slade - Kim describes the journey she took to become the 2007 Wells Fargo Teacher on the Trail™

Mar 3 Dee Dee Jonrowe and Her Goals - Dee Dee Jonrowe explains what it means to set realistic goals and work at your personal best level

Mar 9 Mackey Talks in Anvik - Lance Mackey tells how he is living something that before he only dreamed of

Mar 9 Paul Gebhart is on the Yukon - the brutal challenges of the Yukon aren't a deterrent for Paul Gebhardt

Mar 12 Jon Korta - the first part of this video clip shows Jon struggling with the challenges of the elements

**Lesson Summary:** Using Iditarod Insider, students will watch mushers, pilots, veterinarians, volunteers, or other Iditarod personnel in situations along the trail and observe how they exhibit good character into handle the situations.

**Standard's Addressed:** Although there are no character education standards, the Character Education Partnership, which sponsors the Schools of Character Awards Program, states Principle 1: Schools of character are those that promote core ethical values as the basis of good character and Principle 2: Students grow to understand core values by studying and discussing them, observing behavioral models, and resolving problems involving the values.

<p><b>Learning objectives:</b> The students will:</p> <ul style="list-style-type: none"> <li>○ define character trait words (knowledge)</li> <li>○ list character traits (knowledge)</li> <li>○ identify desirable character traits being shown or used (knowledge)</li> <li>○ recognize when desirable character traits are NOT being used (knowledge)</li> <li>○ model desirable character traits in their lives (synthesis)</li> </ul>	<p><b>Assessment:</b> students use or observe in others desirable character traits</p>
<p><b>Procedural Activities:</b></p> <ol style="list-style-type: none"> <li>1. Introduce students to the desirable character traits you want to teach them throughout the year.</li> <li>2. Brainstorm a list of character traits such as respect, positive attitude, responsibility, self-control, honesty, etc.</li> <li>3. Lead students to explain/define each one. Include what it "looks" like to exhibit each quality. Also have students describe situations in which the desired traits are NOT used.</li> <li>4. Show the students video clips selected for the specific trait you want to focus on.</li> <li>5. After students view the clips, invite them share which trait/traits were exhibited. Be open to any suggestion that is applicable.</li> <li>6. Students should also explain which actions in the clip showed good character.</li> <li>7. Contrast what the situation might have turned out to be if the musher hadn't used good character.</li> <li>8. Have students make a "What it Takes" log in which they write definitions of good character traits and record everyday examples of people and their actions which show the good traits.</li> <li>9. Keep a "What it Takes" log throughout the year.</li> <li>10. At year's end, have classmates vote for others in their class who are good examples of the traits and give "awards" to the winners. (certificate, pencil, etc.)</li> </ol>	
<p><b>Materials Students Need:</b> various for constructing "What it Takes" log, pencils</p>	
<p><b>Technology Utilized to Enhance Learning:</b> Internet access to view Iditarod Insider clips</p>	
<p><b>Other Information:</b> This activity can be tailored to any character education program, schoolwide or classroom level. Always view the Insider clips carefully before showing them to your students.</p>	
<p><b>Modifications for special learners/ Enrichment Opportunities:</b> Plan ahead to have a monthly theme for the school year. Have character education lessons all year long and have the students nominate classmates or others in the school to receive awards for these qualities.</p>	

