

# White Bear

**Developed by:** Cathy Walters

**Discipline / Subject:** Physical Education

**Topic:** White Bear provides an opportunity to move in general space with a partner, without colliding with others.

**Grade Level:** PK-3

**Resources / References / Materials Teacher Needs:** Designate a playing area and mark off base lines. I use the basketball lines on the gym floor. The box in the middle of the floor is the Ice Cave and the surrounding area is the Arctic Ocean.

**Lesson Summary:** Whenever White Bear says, "White Bear is hungry!" all of the fish must run across the sea area and attempt to reach the opposite base line as White Bear chases them. White Bear may only catch one fish at a time. Whenever White Bear has a pair of fish in his Ice Cave, they join hands and become fishermen. Then when White Bear says, "White Bear is hungry!" the fishermen may go fishing with White Bear capturing one fish at a time.

**Standards Addressed:** Department of Physical Education

- 6.c Students demonstrate a willingness to participate with peers regardless of diversity or disability
- 6.d Students enjoy and interact with peers in a variety of physical settings
- 6.e Students resolve conflicts in an acceptable nonviolent manner
- 7.d Students recognize the benefits (social and physical) derived from participation in group games and activities
- 7.e Students show a willingness to follow rules, procedures, and safety guidelines in all physical settings
- 7.f Students behave in a caring and helping manner toward all peers

**Learning Objectives:**

The student will:

- Learn to work together
- Learn to be both leader and follower and accept both primary and secondary roles
- Learn how to effectively communicate with peers

**Method of Assessment for Learning:**

Observe students for successfully accomplishing the task following the given guidelines

**Procedural Activities:**

1. Have all the children, who represent the fish, line up on one end of the base line.
2. Select one or two children to be White Bear and stand in the middle of the floor in the Ice Cave.
3. White Bear says, "White Bear is hungry!"
4. The fish must run across the sea area trying to reach the other base line as White Bear chases them. White Bear may only catch one fish at a time.
5. The fish caught by White Bear go to the Ice Cave. When there are two fish they join hands and become a fisherman. When White Bear calls out "White Bear is hungry!" the fisherman may catch one fish at a time, but they must hold hands on their fishing quest. When they catch a fish they take them back to the Ice Cave. When there are two fish in

